



Hoppock Middle School

February 2018
Lunch Menu

Student Lunch **\$2.90** Reduced Lunch **\$0.40** Adult Lunch **\$3.50**

All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice

MEDITERRANEAN BISTRO Wedge Pizza or Deep Dish Pizza

Great Grillers Plain Chicken Patty on a Bun
Choice of Bbq, Honey Mustard, Buffalo, or Ranch

Deli Central Grilled Chicken Salad
Muffin Meal
Includes Muffin, Cheese Stick, Baby

Harvest Market Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers
Featured Daily

Our well-balanced lunches available for the week, average between **600-700 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**

Questions or Concerns? Please Visit www.MaschioFood.com

Or Call Maschio's Food Services at: 908-479-6336

Please note: not all foods offered are allergen free. Please contact Maschio's Dietitians at 973-598-0005 for any allergy concerns.

Connect with us!



The Main Event

Monday

Tuesday

Wednesday

Thursday

Friday



Keep your heart happy by choosing healthy options!

			1 Super Bowl Celebration Chicken Tender Basket with Soft Pretzel Sticks Tater Tots Fresh or Chilled Fruit	2 Rosata's Pizza Freshly Prepared Caesar Salad Fresh or Chilled Fruit
5 Meatless Monday Creamy Mac & Cheese Warm Breadstick Broccoli Italiano Fresh or Chilled Fruit	6 New Recipe! Pizza Crunchers Freshly Prepared Italian Salad Fresh or Chilled Fruit	7 Philly Cheesesteak Hero with Peppers & Onions French Fries Fresh or Chilled Fruit	8 Corn Dog Nuggets Baked Vegetarian Beans Southwestern Corn Fresh or Chilled Fruit	9 Rosata's Pizza Freshly Prepared Caesar Salad Fresh or Chilled Fruit
12 Chicken Tenders with Dipping Sauces Baked Fries Fresh or Chilled Fruit	13 Breakfast for Lunch Waffles Breakfast Sausages Tater Tots Fresh or Chilled Fruit	14 Valentine's Day Lasagna Roll Marinara Sauce Warm Garlic Breadstick Freshly Prepared Garden Salad Strawberry Applesauce	15 Chinese New Year Celebration General Tso's Popcorn Chicken with Rice Steamed Broccoli Chilled or Fresh Fruit Fortune Cookie	16 School Closed
19 President's Day School Closed	20 NASCAR "Race to Good Nutrition" Grilled Chicken Caesar Salad Wrap Baked Fries Fresh or Chilled Fruit	21 Roasted BBQ Chicken Dinner Roll Mashed Potato Hot Vegetable Fresh or Chilled Fruit	22 Tacos with Taco Meat, Shredded Cheddar Cheese Lettuce, Tomato & Salsa Rice Steamed Corn Fresh or Chilled Fruit	23 Rosata's Pizza Freshly Prepared Garden Salad Fresh or Chilled Fruit
26 Crispy Chicken BLT on a Croissant French Fries Fresh or Chilled Fruit	27 National Tortilla Chip Day New Recipe! Nacho Platter with Taco Meat, Shredded Cheddar Cheese Lettuce, Tomato, & Salsa Southwestern Slaw Fresh or Chilled Fruit	28 Breakfast for Lunch Pancakes Breakfast Sausages Maple Cinnamon Sweet Potato Tots Fresh or Chilled Fruit		

MENU SUBJECT TO CHANGE

Visit payforit.net to add money to your child's account or send check to the cafeteria
Please Make Checks Payable To:
BETHLEHEM TWP. SCHOOL



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