

January 2018
Lunch Menu

Student Lunch **\$2.90** Reduced Lunch **\$0.40** Adult Lunch **\$3.50**

All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice



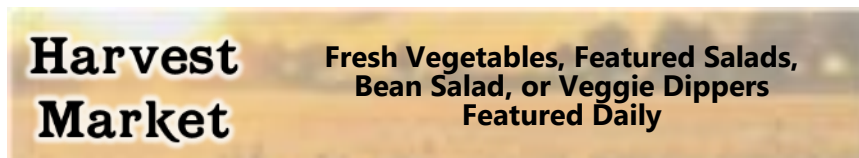
MEDITERRANEAN BISTRO Wedge Pizza or Deep Dish Pizza



Great Grillers Plain Chicken Patty on a Bun
Choice of Bbq, Honey Mustard, Buffalo, or Ranch



Deli Central Grilled Chicken Salad
Muffin Meal
Includes Muffin, Cheese Stick, Baby



Harvest Market Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers
Featured Daily

Our well-balanced lunches available for the week, average between **600-700 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**

Questions or Concerns? Please Visit www.MaschioFood.com

Or Call Maschio's Food Services at: 908-479-6336

Please note: not all foods offered are allergen free. Please contact Maschio's Dietitians at 973-598-0005 for any allergy concerns.

Connect with us!



The Main Event

Monday

Tuesday

Wednesday

Thursday

Friday

1 New Year's Day School Closed	2 Chicken Tenders Basket with Soft Pretzel Stick and Tater Tots Fresh or Chilled Fruit	3 Rodeo Burger on a Bun with BBQ Sauce & Onion Rings Oven Baked Fries Fresh or Chilled Fruit	4 National Spaghetti Day Baked Ziti with Meat Sauce Garlic Breadstick Sautéed Green Beans 100% Orange Juice Sorbet	5 Rosata's Pizza Freshly Prepared Caesar Salad Fresh or Chilled Fruit
8 Philly Cheese Steak Fresh Veggie Dippers Fresh or Chilled Fruit	9 New Recipe! Bacon, Chicken, and Cheese Quesadilla with Shredded Lettuce, Diced Tomatoes, & Salsa Southwestern Corn Fresh or Chilled Fruit	10 Breakfast for Lunch Waffles Breakfast Sausages Hash Browns Fresh or Chilled Fruit	11 National Milk Day Buffalo Chicken Dip Tortilla Scoops Steamed Broccoli Fresh or Chilled Fruit	12 Rosata's Pizza Freshly Prepared Italian House Salad Fresh or Chilled Fruit
15 Martin Luther King Jr. Day School Closed	16 Crispy Chicken BLT on a Pretzel Bun Veggie Dippers Chilled or Fresh Fruit	17 Top Your Own All-Natural Beef Hot Dog on a Bun With or without Chili Emoji Fries Fresh or Chilled Fruit	18 Meat Ball Parm Sandwich Seasoned Potato Wedges Chilled or Fresh Fruit	19 Rosata's Pizza Freshly Prepared Caesar Salad Fresh or Chilled Fruit
22 Meatless Monday Grilled Cheese Sandwich Tomato Soup Freshly Prepared Garden Salad Fresh or Chilled Fruit	23 Taco Tuesday Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomato, & Salsa Rice Steamed Corn Fresh or Chilled Fruit	24 Winter Picnic BBQ Chicken Sandwich Country Slaw Baked Beans Fresh or Chilled Fruit	25 French Toast Minis Breakfast Sausage Hash Brown Potato Fresh or Chilled Fruit	26 Rosata's Pizza Freshly Prepared Cucumber & Tomato Salad Fresh or Chilled Fruit
29 New Recipe! Chicken Parm Hero Spiral Fries Fresh or Chilled Fruit	30 Breakfast for Lunch Pancakes Breakfast Sausages Maple Cinnamon Sweet Potato Tots Strawberry Applesauce	31 Bacon Cheese-burger Garlic Bread Fresh or Chilled Fruit		

MENU SUBJECT TO CHANGE

Visit payforit.net to add money to your child's account or send check to the cafeteria
Please Make Checks Payable To:
BETHLEHEM TWP. SCHOOL



"This institution is an equal opportunity provider"